

Setting Up Your Student's Workspace

Here are some ideas and considerations on how to prepare your student's workspace.

I. Location, Location, Location!

First, think about where in your home may work:

- Where can you easily oversee your student?
- Are there a lot of distractions?
- Is there table space? (Or could you add a small table or desk?)
- Is there lighting?

To create consistency, please choose a location where your student can work every day. A spot near a window may be nice for natural light.

2. Seating

Your student may be sitting for an extending period during lessons.

- Do I have an office chair my student can use?
- How can I make a chair more comfortable?

A seat that allows your student to place his or her feet on the floor is ideal. You can easily make a chair more comfortable by having a **pillow** for your student to sit on. Helping students sit comfortably helps reduce fidgeting and increases focus.

3. Preparation for Class

Being prepared helps students stay in the workspace which prevents missing the lesson.

- Do I have the items from the Supply List?
- What else might my student need? (Tissues? Water bottle?)

4. Organization

Using a container to hold students' school supplies will help them stay organized.

- Do I have a container that can store all my student's school supplies?
- Is it easy to move?
- Do all the school supplies fit?

Having a portable storage container is particularly helpful if your student's workspace is in a family area, such as the kitchen table. Being able to easily move all your student's supplies will help keep the supplies from getting lost and will help ease frustration of trying to move multiple items piece by piece.